

**NEW YORK STATE TEAMSTERS COUNCIL  
HEALTH & HOSPITAL FUND  
APPENDIX A – SCHEDULE OF BENEFITS  
CLASSIC BENEFITS**

| <b>PLAN BENEFIT GUIDE</b>   | <b>IN NETWORK BENEFITS YOU PAY</b>   | <b>OUT OF NETWORK BENEFITS YOU PAY</b>   | <b>PAGE # MEDICAL PLAN</b> |
|---|--|--|----------------------------|
| <b><i>PLAN FEATURES</i></b>   |  |  |                            |
| Primary Care Physician  | Not Required   |  | 2                          |
| Physician Referrals   | Not Required   |  | 2                          |
| Out of Area Benefits  | Coverage provided through the BlueCard Network   |  | 2                          |
| Dependent Coverage  | Qualified Dependent Children to age 26   |  | Eligibility Book           |
| Domestic Partner  | Not Covered  |  | Eligibility Book           |
| <b><i>PLAN COST SHARING</i></b>   |  |  |                            |
| Copayment   | \$25 Copayment   | None   | 4 / 10                     |
| Deductible  | \$250 Individual<br>\$500 Family<br>Separate Deductible applies<br>In Network  | \$750 Individual<br>\$1,500 Family<br>Separate Deductible applies<br>Out of Network      | 4 / 10                     |
| 4 <sup>th</sup> Quarter Rollover Deductible                               | Any deductible that is applied in the months of October / November / December will be credited to your deductible in the next calendar year deductible |  |                            |
| Coinsurance   | 20%  | 30%  | 4 / 10                     |
| In Network Providers  | A provider that accepts the Allowable Amount as Payment in Full and you will not be balanced billed up to charge                                       |  | 6                          |
| Out of Network Providers  | A provider that does not accept the Allowable Amount as Payment in Full, may balance bill the patient up to charge                                     |  | 6 / 10                     |
| Out of Pocket Maximum   | \$1,500 Individual<br>\$3,000 Family<br>Separate Out of Pocket applies<br>In Network   | \$2,000 Individual<br>\$4,000 Family<br>Separate Out of Pocket applies<br>Out of Network | 10                         |
| Total Out-of-Pocket Maximum<br>(includes Deductible /excludes copayments) | \$1,750 Individual<br>\$3,500 Family<br>Separate Out of Pocket applies<br>In Network   | \$2,750 Individual<br>\$5,500 Family<br>Separate Out of Pocket applies<br>Out of Network | 10                         |
| Annual Yearly Limits<br>“Essential Health Benefits”                       | None   |  | 10                         |
| Lifetime Maximum  | None   |  | 10                         |

| <b>PHYSICIAN / PROFESSIONAL SERVICES</b> |                |   |    |
|--|----------------|---|----|
| Diagnostic Office Visits                 | \$25 Copayment | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 22 |

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|--|------------------------------------|---|----------------------------|
| Routine Physical Exam – Adult age 19 and older / 1 per calendar year       | Covered in Full                    | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 22                         |
| Routine GYN Exam   | Covered in Full                    | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 21                         |
| Adults – Preventive Care Benefits<br>*See Below for Details                | Covered in Full                    | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 21                         |
| Pregnant Women - Preventive Care Benefits<br>*See Below for Details        | Covered in Full                    | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 20                         |
| Newborns and Children - Preventive Care Benefits<br>*See Below for Details | Covered in Full                    | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 21                         |
| Well Child Visits and Immunizations – up to age 18                         | Covered in Full                    | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 22                         |
| Diagnostic Imaging – X-rays/ Ultrasounds / CAT Scans / PET Scans / MRI     | Deductible / Coinsurance           | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23                         |
| Diagnostic Laboratory and Pathology  | Deductible / Coinsurance           | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 22                         |
| Chemotherapy   | Deductible / Coinsurance           | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23                         |
| Radiation Therapy  | Deductible / Coinsurance           | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23                         |
| Kidney Dialysis  | Deductible / Coinsurance           | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23                         |
| Allergy Testing  | \$25 Copayment                     | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23                         |

|   |                |   |    |
|---|----------------|---|----|
| Allergy Injections & Serum  | \$25 Copayment | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23 |
| Chiropractic<br>20 visits per calendar year                                 | \$25 Copayment | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23 |
| Diagnostic Vision &<br>Hearing Examination                                  | \$25 Copayment | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 22 |
| Routine Hearing<br>Examination and Evaluation<br>– Once every calendar year | \$25 Copayment | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 22 |

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|---|--|---|------------------------------------|
| Diabetes Education                        | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 24 / 25                            |
| Surgical Care                             | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 18                                 |
| Second Medical / Surgical<br>Opinion      | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 19 / 20                            |
| Office Consultation                       | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after Allow. Amount       | 23                                 |
| Injectable Drug –<br>Physicians Office    | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 24                                 |
| <b><i>INPATIENT HOSPITAL SERVICES</i></b> |  |   |                                    |
| Hospital Benefits **                      | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 5 / 11                             |
| Physician Visits in the<br>Hospital       | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 21                                 |
| Surgical Care                             | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 19                                 |
| Anesthesia                                | Deductible / Coinsurance                   | Deductible / Coinsurance                                      | 19 / 20                            |
| Inpatient Consultation                    | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 23                                 |

| <b><i>MATERNITY SERVICES</i></b>   |                          |   |         |
|--|--------------------------|---|---------|
| Inpatient Maternity Care **<br>(Facility)<br>(Eligible Member / Spouse /<br>Dependent Covered)   | Deductible / Coinsurance | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 13 / 21 |
| Maternity Care-Prenatal and<br>Postpartum Care –<br>(Physician)<br>(Eligible Member and<br>Spouse ONLY-No Benefits<br>for eligible Dependents) | Deductible / Coinsurance | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 20      |
| Newborn Nursery Care<br>(Facility & Physician)   | Deductible / Coinsurance | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 13 / 20 |

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|---|--|---|------------------------------------|
| <b><i>OUTPATIENT HOSPITAL SERVICES</i></b>                                    |  |   |                                    |
| Diagnostic Imaging – X-<br>rays/ Ultrasounds / CAT<br>Scans / PET Scans / MRI | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 14                                 |
| Diagnostic Laboratory and<br>Pathology  | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 14                                 |
| Surgical Care<br>(Facility & Physicians)                                      | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 14 / 19                            |
| Anesthesia  | Deductible / Coinsurance                   | Deductible / Coinsurance                                      | 19                                 |
| Pre-Admission Testing<br>(Physician & Facility)                               | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 14                                 |
| Injectable Drug –<br>Outpatient Facility                                      | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 15                                 |
| <b><i>THERAPY SERVICES</i></b>  |  |   |                                    |
| Chemotherapy<br>(Facility)  | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Balance after Allow. Amount       | 14                                 |

|   |   |   |         |
|---|---|---|---------|
| Radiation Therapy (Facility)  | Deductible / Coinsurance  | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 14      |
| Respiratory and Cardiac<br>Therapy<br>(Facility)  | \$25 Copayment-Physician<br>Deductible /<br>CoinsuranceOutpatient<br>Hospital | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 15      |
| Physical Therapy – 24 visits<br>per calendar year. (Facility<br>& Physicians)<br>Combined In and Out of<br>Network    | \$25 Copayment-Physician<br>Deductible /<br>CoinsuranceOutpatient<br>Hospital | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 15 / 19 |
| Occupational Therapy – 24<br>visits per calendar year.<br>(Facility & Physician)<br>Combined In and Out of<br>Network | \$25 Copayment-Physician<br>Deductible /<br>CoinsuranceOutpatient<br>Hospital | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 15 / 19 |
| Speech Therapy<br>(Facility & Physician)  | \$25 Copayment-Physician<br>Deductible /<br>CoinsuranceOutpatient<br>Hospital | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 15 / 19 |
| Kidney Dialysis<br>(Facility)   | Deductible / Coinsurance  | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 14      |

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|--|--|---|------------------------------------|
| <b><i>EMERGENCY CARE</i></b>   |  |   |                                    |
| Emergency Room Care –<br>waived if Admitted                                | \$125 Copayment                            | Deductible / Coinsurance<br>Balance after<br>Allowable Amount     | 4 / 29                             |
| Physician Visit in<br>Emergency Room                                       | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount     | 29                                 |
| Observation Stay –<br>up to 23 hours and in lieu of<br>Inpatient Admission | \$125 Copayment                            | Deductible / Coinsurance<br>Balance after<br>Allowable Amount     | 13                                 |
| Urgent Care Center<br>(Facility & Physician)                               | \$25 Copayment                             | Deductible / Coinsurance<br>Balance after<br>Allowable Amount     | 28                                 |
| Ambulance – Ground   | Deductible / Coinsurance                   | Deductible / Coinsurance  | 27 / 28                            |
| Ambulance – Air<br>Medical Necessity Applies                               | Deductible / Coinsurance                   | Deductible / Coinsurance<br>Up to Allowable Amount<br>UPON REVIEW | 27 / 28                            |

| <b><i>MENTAL HEALTH AND CHEMICAL DEPENDENCE</i></b>   |  |   |                                    |
|---|--|---|------------------------------------|
| Inpatient Mental Health **  | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 3 / 6 / 11                         |
| Outpatient Mental Health<br>(Facility & Physician)  | \$25 Copayment                                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 3 / 6 / 14 /<br>23                 |
| Inpatient Chemical<br>Dependence **   | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 12                                 |
| Outpatient Chemical<br>Dependence<br>(Facility & Physician)                                 | \$25 Copayment                                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 15                                 |
| Inpatient Detoxification **   | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 12                                 |
| Physician visits for Inpatient<br>Mental Health, Chemical<br>Dependence &<br>Detoxification | \$25 Copayment                                   | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 21                                 |
| <b><i>OTHER SERVICES</i></b>  |  |   |                                    |
| Home Health Care **<br>40 visits per calendar year  | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 16                                 |
| Skilled Nursing Facility **   | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 7 / 12                             |
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| Hospice   | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after<br>Allowable Amount | 17                                 |
| Durable Medical Equipment   | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after Allowable<br>Amount | 25                                 |
| Prosthetic Devices  | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after Allowable<br>Amount | 13 / 26                            |
| Medical Supplies  | Deductible / Coinsurance                         | Deductible / Coinsurance<br>Balance after Allowable<br>Amount | 27                                 |
| Wigs  | \$300 Limit per Lifetime<br>Balance up to Charge | \$300 Limit per Lifetime<br>Balance up to Charge              | 26                                 |

|  |   |   |    |
|--|---|---|----|
| Hearing Aids (Allowance combined between innetwork, out-of-network and TruHearing providers) | <p>\$4,000 Allowance<br/>Adult - every 3 years<br/>Children under 13-Allowed every calendar year per EAR</p> <p>Option to buy TruHearing Aids (subject to Allowance and frequency):</p> <ul style="list-style-type: none"> <li>• TruHearing Advanced Aids - \$0 copayment per aid</li> <li>• TruHearing Premium Aids - \$300 copayment per aid</li> </ul> | <p>\$4,000 Allowance and Balance up to Charge<br/>Adult - every 3 years<br/>Children under 13-Allowed every calendar year per EAR</p> | 27 |
|--|---|---|----|

***PRESCRIPTION DRUG***

**DETAILED INFORMATION IN THE PRESCRIPTION DRUG BENEFIT PLAN BOOKLET**

|  |   |  |
|--|---|--|
| <p>RETAIL PHARMACY<br/>ACUTE 30 DAY SUPPLY</p> <p>Generic<br/>Brand – Preferred<br/>Brand – Non- Preferred</p>           | <p>\$8.00 Copayment<br/>\$16.00 Copayment<br/>\$33.00 Copayment</p> | <p>If a Brand name medication is received and a generic equivalent is available, the participant must pay the Brand name copay PLUS the difference in the cost between the generic equivalent and the Brand name medication.</p> |
| <p>MAIL ORDER PHARMACY<br/>MAINTENANCE 90 DAY SUPPLY</p> <p>Generic<br/>Brand – Preferred<br/>Brand – Non- Preferred</p> | <p>\$2.00 Copayment<br/>\$32.00 Copayment<br/>\$66.00 Copayment</p> | <p>If a Brand name medication is received and a generic equivalent is available, the participant must pay the Brand name copay PLUS the difference in the cost between the generic equivalent and the Brand name medication.</p> |

**MAIL ORDER – MAINTENANCE PRESCRIPTIONS** – Mail Order is Mandatory on all Maintenance Prescriptions otherwise you will be responsible for the full cost of the prescription if purchased at the Retail Pharmacy.

**TERMS AND PROCEDURES USED FOR PROCESSING BENEFITS**

| TERM | PAGE NUMBER LOCATED IN MEDICAL BENEFIT PLAN |
|------|---|
|------|---|

|  |               |
|--|---------------|
| ALLOWABLE AMOUNT / EXPENSE   | 3             |
| IN NETWORK BENEFITS  | 6             |
| IN NETWORK PROVIDER  | 6             |
| MEDICAL NECESSITY  | 8 / SECTION 4 |
| OUT OF NETWORK BENEFITS  | 6 / 10        |
| OUT OF NETWORK PROVIDER  | 6             |
| <b>** SERVICES NEEDING PRIOR APPROVAL **</b> <ul style="list-style-type: none"> <li>• All Services for Organ and Tissue Transplants</li> <li>• All Inpatient Admissions, including Maternity</li> <li>• Skilled Nursing Facility Admissions</li> <li>• Home Care Services</li> </ul> | 8 / 9         |
| <b>**PRIOR APPROVAL PENALTY**</b><br><b>A penalty of \$500 or 50% of the benefits payable whichever is less, will be imposed if you do not comply with the pre-approval requirements.</b>  | 9             |
| PRIOR APPROVAL PROCEDURE   | 9             |
| FAILURE TO SEEK APPROVAL   | 9             |
| COURTESY AUTHORIZATION   | 9             |

### **PREVENTIVE HEALTH CARE BENEFITS**

**PREVENTIVE CARE BENEFITS FOR ADULTS – We will provide coverage for the following preventive care services whether performed in a Facility or in a Professional Provider’s office:**

- Abdominal Aortic Aneurysm Screening in men aged 65 – 75
- Adult Immunizations
- Alcohol Misuse Screening & Behavioral Counseling Interventions
- Bone Density (Osteoporosis) for women
- Breast and Ovarian Cancer Susceptibility & Genetic Risk Assessment and BRCA Mutation Testing
- Breast Cancer Screening - Mammography
- Cervical Cancer Screening – Pap Smear
- Chlamydia Screening for women and pregnant women
- Colorectal Cancer Screening – Colonoscopy, Signomoidoscopy, Laboratory & Pathology
- Depression Screening
- Diabetes Screening
- Diet, Behavioral Counseling in Primary Care to promote a healthy diet – Dietician & Physician
- Gonorrhea & Screening for women and pregnant women



- High Blood Pressure Screening
- HIV Screening
- Lipid Screening
- Obesity Screening
- Sexually Transmitted Infections, counseling for at risk populations
- Syphilis Infection Screening in at risk populations
- Tobacco Use and Tobacco-Caused Disease, Counseling

**PREVENTIVE CARE BENEFITS FOR PREGNANT WOMEN – We will provide coverage for the following preventive care services whether performed in a Facility or in a Professional Provider’s office:**

- Asymptomatic Bacteriuria Screening (UTI)
- RH (D) Incompatibility Screening
- Daily folic acid supplements for women capable of becoming pregnant
- Hepatitis B Virus Infection, Screening
- Breastfeeding, Primary Care Interventions to Promote
- Iron Deficiency, Anemia, Prevention – Screening
- Sexually Transmitted Infections Counseling
- STD Testing based on risk (other than Chlamydia, HIV)
- Syphilis Infection Screening

**PREVENTIVE CARE BENEFITS FOR NEWBORNS AND CHILDREN – We will provide coverage for the following preventive care services whether performed in a Facility or in a Professional Provider’s office:**

- Congenital Hypothyroidism Screening in newborns
- Dental Caries in Preschool Children, Prevention
- Major Depressive Disorder in Children and adolescents, Screening
- Gonorrhea, Prophylactic Medication for newborns
- Hearing Loss, Newborns
- Iron Supplements for at risk infants 6 – 12 months
- Phenylketonuria Screening in newborns
- Screening and interventions for childhood obesity
- Sickle Cell Disease Screening in newborns
- Tuberculosis screening for at risk children
- Visual Impairment in Children younger than age 5 years, Screening

**PREVENTIVE HEALTH CARE BENEFITS SUBJECT TO THE PROVISIONS OF THE CONTRACT**

- Gestational Diabetes Screening
- Human Papillomavirus Testing – female 30 and over
- Breast Feeding Support, Breast Pump and Counseling

- Contraceptive Methods and Counseling – covered under the Prescription Drug Program

NOTE: If the above services are Routine and billed as Preventive then they are subject to the Patient Protection and Affordable Care Act and may be covered in full with no member responsibility. If the above services are billed with a non-preventive diagnosis then these services will be subject to the provisions of the contract, such as copayments, deductible and coinsurance.