NYS TEAMSTERS BENEFITS FUNDS: ELECTRONIC DELIVERY OF DOCUMENTS

You are receiving this notice because the way that the NYS Teamsters Benefits Funds deliver certain documents to participants and beneficiaries is changing. Effective June 1, 2026, certain NYS Teamsters Benefits Funds documents required to be furnished to you under ERISA will be furnished to you electronically by being posted online at the NYS Teamsters Benefits Funds' website (https://nytfund.org/). Each plan year, you will receive a notice sent to your email address outlining the documents that are, or will be, posted on our website. Examples of documents that will be posted online include Summary Plan Descriptions, Summaries of Material Modifications and certain required notices.

How to Access Your Plan-Related Documents Online

As a participant or beneficiary in either the New York State Teamsters Conference Pension and Retirement Fund ("NYST Pension Fund"), the New York State Teamsters Council Health and Hospital Fund ("NYST Health Fund") and/or the New York State Teamsters Council – United Parcel Service ("UPS") Retiree Health Fund ("NYST-UPS Retiree Health Fund"), you may access the posted documents by visiting the following website addresses:

- NYST Pension Fund: https://www.nystpensionfund.org/forms-publications/
- NYST Health Fund: https://nytfund.org/health-and-hospital-fund-plan-docs/
- NYST-UPS Retiree Health Fund: https://nytfund.org/ups-retiree-health-fund-plan-docs/

You'll need a smartphone, tablet or computer with PDF reader software, such as Adobe Acrobat Reader, to open and read the documents. You will also be able to download the documents for saving and printing at your convenience. Documents at these websites are not required to remain available for more than one year or, if later, after the document is superseded by a subsequent version of the document (such as a new Summary Plan Description).

Consent

You may consent to the receipt of electronic documents by completing the enclosed Consent Form and mailing the Consent Form to New York State Teamsters Benefit Funds, PO Box 4928, Syracuse, NY 13221, or emailing the Consent Form to the Fund Office at benefits@nytfund.org.

Opting Out of Electronic Delivery

If you consent to receiving these documents electronically, you are free to withdraw that consent at any time and receive paper versions of these documents at no charge. To do that, you may mail or email your notice of withdrawal of consent to the applicable address above.

If you choose to withdraw your consent, future documents will be provided to you in hard copy at your address on file. Of course, you have a right to request and obtain at no charge to you a paper version of any document we send you electronically. To receive a paper version, please call the Fund Office at (877) 698-3863.

You should keep this notice with your important papers relating to the NYS Teamsters Benefits Funds so that you know how to access your SPD, SMMs, and other important NYS Teamsters Benefits Funds documents that have previously been provided to you and include important information related to your NYS Teamsters Benefits Funds terms.

April, 2026

CONSENT FORM

You may consent to receiving your employee benefit plan-related disclosures electronically, by checking the box below, and inserting your name and email address.

☐ ***I consent to receiving electronically the employee benefit plan-related disclosures described to me in an email from my employer. I confirm that I can receive, retrieve and view the documents via the internet, and I understand I can withdraw this consent at any time as described in the email I received.***

Name: _____

SSN# or Fund ID#: _____

Phone: _____

Email address: _____

Signature: _____

Please mail this completed form to the below address or email to the Fund Office at benefits@nytfund.org:

New York State Teamsters Benefit Funds
PO Box 4928
Syracuse, NY 13221