New York State Teamsters Council Health & Hospital Fund / SELECT

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact the Fund office by calling 1-877-698-3863. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary.com or call 1-800-698-3863 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	**In-Network: $0** **Out-of-Network: $250 Individual /$750 Family**	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	**In-Network and Out-of-Network: Combined** **$1,000 Individual/$3,000 Family**	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Copayments on certain services, premiums, balance-billing charges, deductible, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See **www.excellusbcbs.com or call 1-877-650-5840** for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$20 copayment/visit	30% coinsurance	——————none——————
	Specialist visit	$20 copayment/visit	30% coinsurance	——————none——————
	Preventive care/screening/ immunization	No charge	30% coinsurance	——————none——————
If you have a test	Diagnostic test (x-ray, blood work)	x-ray:$30 copayment/visit blood work:$20 copayment/visit	30% coinsurance	——————none——————
	Imaging (CT/PET scans, MRIs)	$30 copayment/visit	30% coinsurance	——————none——————
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.express-scripts.com	Generic drugs	$7 copayment (retail)/ $2 copayment (mail order)	Not Covered	Mail Order is Mandatory on all Maintenance Prescriptions. If a Brand name medication is received and a generic equivalent is available, the participant must pay the Brand name copay PLUS the difference in the cost between the generic equivalent and the Brand name medication.
	Preferred brand drugs	$14 copayment (retail) / $28 copayment (mail order)	Not Covered	
	Non-preferred brand drugs	$30 copayment (retail / $60 copayment (mail order)	Not Covered	
	Specialty drugs	Preferred or Non-Preferred copayment as stated above.	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$30 copayment/visit	30% coinsurance	——————none——————
	Physician/surgeon fees	$30 copayment/visit	30% coinsurance	——————none——————
If you need immediate medical attention	Emergency room care	$100 copayment, waived if admitted	30% coinsurance	——————none——————
	Emergency medical transportation	$25 copayment	$25 copayment	——————none——————
	Urgent care	$20 copayment/visit	30% coinsurance	——————none——————

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	5% coinsurance	30% coinsurance	Must be pre-certified.
	Physician/surgeon fees	Physician:$20 copayment/ visit Surgeon:$100 copayment/visit	30% coinsurance 30% coinsurance	——————none——————
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$20 copayment/visit	30% coinsurance	——————none——————
	Inpatient services	5% coinsurance	30% coinsurance	Must be pre-certified.
If you are pregnant	Office visits	$20 copayment/visit	30% coinsurance	——————none——————
	Childbirth/delivery professional services	$100 copayment/visit	30% coinsurance	——————none——————
	Childbirth/delivery facility services	5% coinsurance	30% coinsurance	Must be pre-certified
If you need help recovering or have other special health needs	Home health care	$20 copayment/visit	30% coinsurance	Must be pre-certified, Maximum of 40 visits per year.
	Rehabilitation services	$20 copayment/visit	30% coinsurance	Physical and occupational therapy limited to 24 visits per year.
	Habilitation services	$20 copayment/visit	30% coinsurance	——————none——————
	Skilled nursing care	5% coinsurance	30% coinsurance	Must be pre-certified
	Durable medical equipment	5% coinsurance	30% coinsurance	——————none——————
	Hospice services	No charge	30% coinsurance	——————none——————
If your child needs dental or eye care	Children's eye exam	$20 copayment/visit	30% coinsurance	——————none——————
	Children's glasses	Not covered through the medical plan		
	Children's dental check-up	Not covered through the medical plan.		

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic Care
- Hearing Aids
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Fund office by calling **1-877-698-3863** or you can contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]
[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]
[Chinese (中文): 如果需要中文的帮助，请拨打这个号码 [insert telephone number].]
[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- **The plan's overall deductible** **$0**
- **Specialist copayment** **$20**
- **Hospital (facility) coinsurance** **5%**
- **Other coinsurance** **$0**

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,800**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$0
Copayments	$220
Coinsurance	$640
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	**$860**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- **The plan's overall deductible** **$0**
- **Specialist copayment** **$20**
- **Hospital (facility) coinsurance** **5%**
- **Other coinsurance** **0%**

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$7,400**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$0
Copayments	$552
Coinsurance	$60
What isn't covered	
Limits or exclusions	$60
The total Joe would pay is	**$612**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- **The plan's overall deductible** **$0**
- **Specialist copayment** **$20**
- **Hospital (facility) coinsurance** **5%**
- **Other coinsurance** **0%**

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$1,900**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$0
Copayments	$360
Coinsurance	$120
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$480**

The **plan** would be responsible for the other costs of these EXAMPLE covered services.