# New York State Teamsters Council Health & Hospital Fund / HDHP with HRA Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact the Fund office by calling 1-877-698-3863. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary.com or call 1-800-698-3863 to request a copy.

Important Questions	Answers	Why This Matters:	
What is the overall deductible?	In-Network and Out-of-Network: Combined \$2,600 Individual/\$5,200 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must metheir own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .	
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network and Out-of-Network: Combined \$1,000 Individual/\$2,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, deductible, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See  www.excellusbcbs.com or call 1-877-650-5840 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays <u>(balance billing)</u> . Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.	



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you visit a health	Primary care visit to treat an injury or illness	10% coinsurance/visit	10% coinsurance	none	
care provider's office	Specialist visit	10% coinsurance/visit	10% coinsurance	none	
or clinic	Preventive care/screening/immunization	No charge	10% coinsurance	none	
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance/visit	10% coinsurance	none	
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance/visit	10% coinsurance	none	
	Generic drugs	\$5 copayment (retail)/ \$2 copayment (mail order)	Not Covered	Mail Order is Mandatory on all Maintenance Prescriptions.	
If you need drugs to treat your illness or	Preferred brand drugs	\$18 copayment (retail) / \$36 copayment (mail order)	Not Covered	If a Brand name medication is received and a	
condition  More information about	Non-preferred brand drugs	\$35 copayment (retail / \$70 copayment (mail order)	Not Covered	generic equivalent is available, the participant must pay the Brand name copay PLUS the	
prescription drug coverage is available at www.express- scripts.com	Specialty drugs	Preferred or Non-Preferred copayment as stated above.	Not Covered	difference in the cost between the generic equivalent and the Brand name medication.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance/visit	10% coinsurance	none	
surgery	Physician/surgeon fees	10% coinsurance/visit	10% coinsurance	none	
If you need immediate	Emergency room care	10% coinsurance, Waived if admitted	10% coinsurance	none	
medical attention	Emergency medical transportation	10% coinsurance/visit	10% coinsurance	none	
	<u>Urgent care</u>	10% coinsurance/visit	10% coinsurance	none	

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance/visit	10% coinsurance	Must be pre-certified.
	Physician/surgeon fees	10% coinsurance/visit	10% coinsurance	none
If you need mental health, behavioral	Outpatient services	10% coinsurance/visit	10% coinsurance	none
health, or substance abuse services	Inpatient services	10% coinsurance/visit	10% coinsurance	Must be pre-certified.
	Office visits	10% coinsurance/visit	10% coinsurance	none
If you are pregnant	Childbirth/delivery professional services	10% coinsurance/visit	10% coinsurance	none
	Childbirth/delivery facility services	10% coinsurance/visit	10% coinsurance	Must be pre-certified
	Home health care	10% coinsurance/visit	10% coinsurance	Must be pre-certified, Maximum of 40 visits per year.
If you need help recovering or have	Rehabilitation services	10% coinsurance/visit	10% coinsurance	Physical and occupational therapy limited to 24 visits per year.
other special health	Habilitation services	10% coinsurance/visit	10% coinsurance	none
needs	Skilled nursing care	10% coinsurance/visit	10% coinsurance	Must be pre-certified
	<u>Durable medical equipment</u>	10% coinsurance/visit	10% coinsurance	none
	Hospice services	10% coinsurance/visit	10% coinsurance	none
	Children's eye exam	10% coinsurance /visit	10% coinsurance	none
If your child needs	Children's glasses	Not covered through the medical plan		
dental or eye care	Children's dental check-up	Not covered through the medical plan.		

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)

- Routine foot care
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic Care

Hearing Aids

Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Fund office by calling 1-877-698-3863 or you can contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 [insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2600
■ Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

### In this example, Peg would pay:

Cost Sharing		
Deductibles	\$2,600	
Copayments	\$0	
Coinsurance	\$1,000	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,660	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2600
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	\$7,400

# In this example, Joe would pay:

Cost Sharing		
Deductibles	\$2,600	
Copayments	\$0	
Coinsurance	\$1,000	
What isn't covered		
Limits or exclusions	\$40	
The total Joe would pay is	\$3,640	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$2600
■ Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
Other coinsurance	10%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
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## In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,900	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,900	